

Claims

What is claimed is:

1. A keyboard posture device, including:
a lateral support section;
left and right side strut portions extending forward from said lateral support section; and

left and right arm restraints extending from said strut portions and away from each other to form left and right arm crooks in which to position the user's upper arms between elbow and bicep.
2. A keyboard posture device as defined in claim 1, further including means to secure said device to the torso of its user.
3. A keyboard posture device as defined in claim 2, further including a back pad mounted on said lateral support section at an intermediate location thereon.
4. A keyboard posture device as defined in claim 1 wherein said lateral support structure is adjustable in length.
5. A keyboard posture device as defined in claim 1 wherein said left and right side strut portions are adjustable in length.
6. A keyboard posture device as defined in claim 1 wherein said left and right arm restraints are curved out.
7. A keyboard posture device as defined in claim 1 wherein said a lateral support section, said
left and right side strut portions, and said left and right arm restraints are of fixed length.
8. A keyboard posture device, including:
a lateral support structure;

left and right frame members each including a forward strut adjustably mounted on opposite ends of said support structure; and

left and right arm restraints adjustably mounted on said struts of respectively said left and right frame members, said arm restraints extending away from each other to form left and right arm crooks in which to position the user's upper arms between elbow and bicep.

9. A keyboard posture device according to claim 8 further comprising a back pad mounted on said support structure between said struts; and

means to secure said device to the torso of the user.

10. A keyboard posture device as defined in claim 8 wherein said lateral support structure is adjustable in length.

11. A keyboard posture device as defined in claim 8 wherein said left and right side strut portions are adjustable in length.

12. A keyboard posture device as defined in claim 8 wherein said left and right arm restraints are curved out.

13. A keyboard posture device as defined in claim 8 wherein said a lateral support section, said

left and right side strut portions, and said left and right arm restraints are of fixed length.

14. A keyboard posture device, including:

a lateral support structure;

left and right L-shaped frame members each including a lateral crossbar and a forward strut, said crossbars slidably mounted on opposite ends of said lateral support structure;

left and right arm restraints slidably mounted on said struts of said left and right frame members, respectively, and extending forward therefrom and away from each other, each

forming an arm crook in which to position the user's upper arms between elbow and bicep;
and

a back pad mounted on said support shaft between said frame members; and means to secure said device to the torso of the user.

15 A keyboard posture device as defined in claim 14 wherein said support structure includes left and right lateral lock buttons thereon, said left and right crossbars each including holes spaced therealong for selective insertion among them of said left and right lock buttons, respectively

16 A posture device as defined in claim 14 wherein said left and right arm restraints including left and right forward lock buttons thereon and said left and right struts each including holes spaced therealong for selective insertion among them of said left and right forward lock buttons, respectively;